

# Tara Nature Retreat Terms & Conditions

Pilates & Yoga Retreat | 7–13 October 2026

These Terms & Conditions apply to all bookings made for this retreat.

## 1. Booking & Payment

- A **£500 deposit** is required at the time of booking to secure your place.
  - The deposit represents a **commitment fee** and contributes to non-recoverable venue and organisational costs.
  - The **remaining balance is due 8–10 weeks before the retreat start date** (you will be notified of the exact date).
  - If the balance is not received by the due date, your booking may be cancelled and your deposit retained.
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## 2. Cancellation by the Participant

Due to contractual commitments with the retreat venue (**Tara Nature Retreat**) and the small group size, the following cancellation policy applies.

**If you cancel your booking:**

- **More than 12 weeks before the retreat start date**  
Any payments made **above the £500 deposit** will be refunded.  
The £500 deposit is retained.
- **12 weeks or less before the retreat start date**  
No refunds will be issued.

This reflects the venue's policy, under which **payments become non-recoverable within this period.**

**The £500 deposit is non-refundable in all circumstances**, including illness, injury, personal circumstances, or travel disruption.

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### 3. Transfer of Booking

- You may **transfer your place to another person** up to **14 days before the retreat**, subject to:
    - The replacement participant meeting retreat requirements
    - Written approval from the organiser
  - An **administration fee** may apply.
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### 4. Cancellation by the Organiser

- The retreat is subject to a **minimum number of participants**.
  - If the retreat is cancelled by the organiser for any reason, you will be offered:
    - A **full refund of all payments made**, including the deposit, **or**
    - The option to transfer your payment to a future retreat
  - The organiser is not responsible for additional costs such as flights, accommodation outside the retreat, or travel insurance.
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### 5. Travel & Insurance

- Travel to and from the retreat is **not included**.
- You are **strongly advised** to take out comprehensive travel insurance, including cover for:
  - Cancellation
  - Illness or injury
  - Travel disruption
- The organiser cannot be held responsible for delays, cancellations, or losses relating to travel arrangements.

### 6. Health, Participation & Responsibility

- The retreat includes Pilates, yoga, walking, and other gentle movement practices.
  - By booking, you confirm that:
    - You are medically fit to participate, or
    - You will disclose any relevant medical conditions or injuries in advance
  - All activities are **optional**, and you are responsible for working within your own limits.
  - Participation is at your own risk.
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## 7. Programme Changes

- The organiser reserves the right to make **minor changes** to the programme due to weather, local conditions, or unforeseen circumstances.
  - Any changes will be made with the intention of maintaining the overall quality and intention of the retreat.
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## 8. Liability

- To the fullest extent permitted by UK law, the organiser accepts no liability for loss, damage, injury, or illness sustained during the retreat.
  - Guests may be required to sign a **liability waiver** on arrival at Tara Nature Retreat, in line with venue requirements.
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## 9. Acceptance of Terms

By paying the deposit, you confirm that you have read, understood, and agree to these Terms & Conditions.

☐ I \_\_\_\_\_ have read and agree to the Retreat Terms & Conditions and Cancellation Policy. DATE: \_\_\_\_\_